

What to Expect at Bowie Chiropractic

Dr. Kevin R. Bowie

Chiropractic Physician & Certified Applied Kinesiologist

217.359.7702



Welcome to Bowie Chiropractic. This guide will illustrate what patients can expect when relying on Bowie Chiropractic for their chiropractic needs. Types of treatments and rehabilitative care may vary. This reference guide covers the basics of what a patient can expect at Bowie Chiropractic.

Consultation

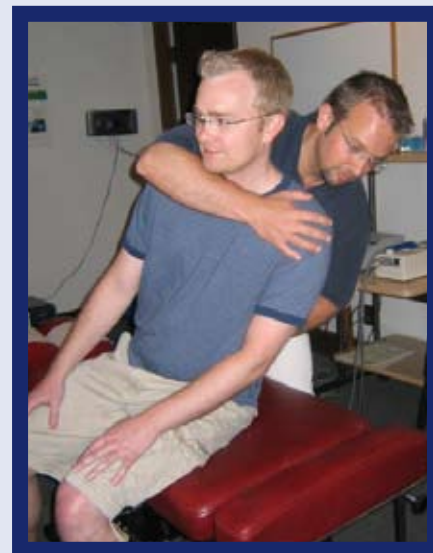
Individuals considering chiropractic care are encouraged to schedule a complimentary consultation with Dr. Kevin Bowie.

When consulting with Dr. Bowie, patients enter into a unique partnership for the benefit of their health. A health history will be taken at this time. Current health status is the result of chemical, mental and physical circumstances that have affected and may still be affecting one's life. Little can be done about the past, but at Bowie Chiropractic the focus is on the patient's short and long-term health related goals.



www.BowieChiropractic.com

Examination



After reviewing a patient's case history during the consultation, a thorough examination will be conducted. During the exam, the patient is asked to turn and bend. Posture will be assessed and reflexes as well as muscle strength will be tested. Other orthopedic and neurological tests may be performed. These tests all work together to find areas of the spine that may be causing specific symptoms.

Report of Findings



Symptoms are signals from the body that exist to tell us that something is wrong. Areas assessed during the examination showing signs of spinal dysfunction - as well as how this problem creates symptoms - will be thoroughly explained during the report of findings. Spinal dysfunctions set in motion a degenerative process known as the Vertebral Subluxation Complex. This is characterized by abnormal motion of spinal bones, abnormal nervous system function, abnormal muscle function, abnormal soft tissue function and abnormal degenerative changes of the spine and body.

Treatment Plan



After identifying the problem, a treatment plan will be put together. The best way to treat the problem is for Dr. Bowie and the patient to work together as a team to determine an approach for the patient's health goal. The plan of care will be based upon age, physical condition, lifestyle and unique problem.

Chiropractic adjustments will be the primary solution for restoring motion to "stuck" or fixated spinal joints. Multiple techniques exist which will be tailored to fit the specific needs of the patient.



There are also several types of therapies - from heat packs to interferential stimulation - that can be utilized to ease muscle tension from the affected spinal area or areas prior to the adjustment.

Wellness: A Family Affair



Dr. Bowie believes that wellness is a family affair and encourages patients to bring their family members to gain a better understanding of how chiropractors “treat” their patients. As a father, Dr. Bowie knows what it’s like to be responsible for the health of a child. He also understands the need to explain chiropractic care using terms and definitions that make people of all ages comfortable.

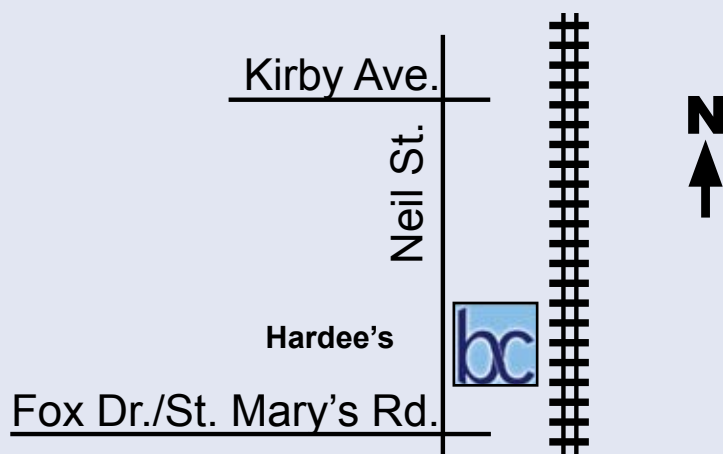
Contact Us

Bowie Chiropractic

1704 S. Neil St., Ste. B
Champaign, IL 61820

217.359.7702

**Appointments
available
Mon. - Sat.**



“It never hurts to have a FREE consultation.”

www.BowieChiropractic.com